

Workshop: Ketogenic Diet in Pediatric Neurology: Current Trends and Way Forward

 16th September'25  AIIMS, New Delhi

Time	Topic	Speakers
08:30 – 09:00 Hrs	REGISTRATION	
	SESSION 1: FOUNDATIONS OF KETOGENIC DIET IN NEUROLOGY	Coordinator: Dr. Prateek Panda
09:00 – 09:20 Hrs	Welcome and Introduction to Workshop History of KD	Dr. Sheffali Gulati
09:20 – 09:40 Hrs	What is Ketosis and Ketogenic Diet	Dr. Suresh Pujar
09:40 – 10:00 Hrs	Different types of Ketogenic Diet	Dr. Rajesh Ramachandran Nair
10:00 – 10:30 Hrs	Pre-Diet Counselling and Nutritional Principles	Dr. Vykunta Raju Ms. Roshan Kore
10:30 – 11:00 Hrs	TEA	
	SESSION 2: PRACTICAL IMPLEMENTATION	Coordinator: Dr. Anuja Agrawala
11:00 – 12:00 Hrs	Meal Planning in KD	
	Classical KD	Ms. Bhrijmeet Kaur Sethi
	MAD	Ms. Ritu Sudhakar
12:00 – 12:20 Hrs	LGIT	Ms. Soma Basu Ms. Kanak Lata Gupta
	Kit-Based Planning for Practice	Dr. Vishal Sondhi Dr. Prateek Panda
12:20 – 13:45 Hrs	Hands On/ Group Session on KD Calculations and Planning Diets in Cultural Contexts	
	Group 1 - Classic KD	Coordinators: Ms. Soma Basu Dr. Ranjith Kumar Manokaran All Experts
	Group 2 - MAD	Coordinators: Ms. Anuja Agarwala Dr. Vysakh Anand All Experts
	Group 3 - LGIT	Coordinators: Dr. Kanak Lata Gupta Dr. Aakash Mahesan All Experts
13:45 – 14:30 Hrs	LUNCH	
	SESSION 3: MONITORING, CHALLENGES AND COMPLEX SCENARIOS	Coordinator: Dr. Sakshi Ojha
14:30 – 14:50 Hrs	Monitoring, Complications and Challenges in KD	Dr. Suvasini Sharma
14:50 – 16:00 Hrs	Use of KD in Difficult Cases (Case-based Discussion)	Moderator: Dr. Prateek Panda All Experts
	SESSION 4: KETOGENIC DIET BEYOND EPILEPSY: EXPANDING INDICATIONS & USE	Coordinator: Dr. Aakash Mahesan
16:00 – 16:30 Hrs	Ketogenic Diet Beyond Epilepsy: Expanding Indications & Use	Dr. Ara Ko
16:30 – 17:00 Hrs	Initiating KD In ICU Settings	Dr. Derrick Chan
17:00 Hrs Onwards	VALEDICTORY	

